GLORIA C. MAZER

Cell: 305-588-3685 **Email:** gloriamaze@me.com

http://www.AmazingGloria.com

PROFESSIONAL PROFILE

I have dedicated 24 years to Ancient Healing Arts from Native Americans and Thai Massage to the Best of Ayurvedic India and Oriental Medicine.

I have had over 20 years of professional experience as a Licensed Massage Therapist and 27 years as a Certified Personal Trainer providing therapeutic massage services to corporate and private clients, hotels and resorts, and spas.

MASSAGE THERAPIST LICENSE

Florida Massage Therapist License: **No. MA0014404**
Expiration: August 31, 2021

PROFESSIONAL MASSAGE THERAPY EXPERTISE

Acupressure	Lymph Drainage
Aromatherapy	Myofacial Release
Chair Massage	Reiki
Couples	Reflexology
Deep Tissue Massage	Remedial Massage
Face Lift Massage	Shiatsu
Four Hands	Sports Massage
Hand/Foot	Swedish Massage
Hot Stone Therapy	Thai Massage

CERTIFICATES AND OTHER CONTINUING EDUCATION CREDITS – 2003 to date

ADAYBRAKE Certification; Geriatric Massage 2014
Vedic Conservatory 2013; Vedic Massage, Thai on the Table
Qigon Revolution 2012-2013
JourneyDance Certificate 2013
Reiki Master Degree I, II & III; Miksui Reiki Energy Center 2010
Duncan Wong's Yogic Arts for Advanced Yoga Instructors 50 hour Certificate 2008
Bellanina Facelift Massage, Certified 2008
OMEGA "Being Yoga" Conference 2007 (Including 200 hours of Yoga Master Classes, post-conference workshop in Viniyoga Therapy for the lower back and hips))
ECA/THRIVE Convention 2007 (Including 200 hours of Fitness classes and Pilates Certificate)
Zen Thai Massage 2006
Taste of Health Cruise (Educational cruise in Macrobiotic Food, Yoga, Pilates, etc.) 2006
Shiatsu 2006 200 CEUs in Oriental Medicine

Yoga for Health Care Professionals, Orlando 2006
OMEGA "Path of Yoga" Convention 2005 (Including Kundalini Yoga and Thai Massage)
Hot Stone Therapy 2005
ETPS Neuromechanical Therapy 2003

PROFESSIONAL EXPERIENCE

Creator of "Trance-Zen-Dance" Evolution Through Dance & Devotion, taught in Unity-on-the-Bay 2014 and Lima Peru 2013
Creator of "Busy Bodies Fitness Program" 1986-2005
A day of Chair Massage; Yellow Cab Company Valentines Day 2008, 2009
A day of Chair Massage; Teachers' appreciation Day at Carter Elementary School, Coral Gables, 2008
A day of Chair Massage; Sofitel Hotel Employees Recognition Day, yearly 2006 – 2011
On-Site Massage For the Workplace at Whole Foods Market in Coral Gables, January through May 2008 (continuing as Associated Staff to substitute at other Whole Food Market locations)
A day of Chair Massage; McNeal Pharmaceutical Health Exposition
Volunteer for many Sports Events, totaling 200 hours
Massage Therapist for "Yellow Pages" TV commercial (member Screen Actors' Guild)
Reebok National Championship; Competition Judge of Presentation & Technique, 1991/1993
Founder and Creator of "Busy Bodies Fitness Program" 1984/1996

CLIENTS

Professional experience includes providing massage therapy to private clients, including Hollywood stars and celebrities, Victoria's Secret models, as well as members of the N.Y. Knicks, San Antonio Spurs, runners, sprinters, and others.

PROFESSIONAL DEVELOPMENT AND EDUCATION

PROFESSIONAL DEVELOPMENT

Silva Mind Control 1999
Oriental Medicine & Philosophy 1996
200 Hours of Acupressure Massage
Sport Massage 1995
Trained Certified Fitness Instructors in Plyometrics, Step and Stretching Techniques (Lima, Peru) 1991/1993
Educating Hands School of Massage1992
AFAA (Aerobics and Fitness Association of America) 1991
Step Reebok Instructional Workshop1990
IDEA (International Dance Exercise Association) 1987
IDEA Industry Convention 1987
AFAA (American Fitness Assoc.)1986

EDUCATION

Florida Teacher Certification1986
Bachelor of Fine Arts (Theatre); Florida International University, Miami, Florida 1974 - 1978
Degree in Industrial Design; (Art History) Montemar School, Lima, Peru 1969 - 1972